

LOUISIANA HIGH SCHOOL ATHLETIC ASSOCIATION

OFFICIALS CONCUSSION STATEMENT

After reading the Concussion Fact Sheet, and reviewing the LHSAA Concussion Management Protocol, I am aware of the following information:

Initial:

\_\_\_\_\_ A concussion is a brain injury which athletes should report to the medical staff.

\_\_\_\_\_ A concussion can affect the athlete's ability to perform everyday activities, and affect reaction time, balance, sleep, and classroom performance. You cannot always see a concussion, but you might notice some of the symptoms right away. Other symptoms can show up hours or days after the injury.

\_\_\_\_\_ I will not knowingly allow the athlete to return to play in a game if he/she has received a blow to the head or body that results in concussion-related symptoms.

\_\_\_\_\_ Athletes shall not return to play in a game on the same day that they are suspected of having a concussion.

\_\_\_\_\_ If I suspect an athlete has suffered a concussion, it is my responsibility to take that athlete to the sideline to the Head Coach.

\_\_\_\_\_ I will encourage the athlete to report any suspected injuries and illnesses to the medical staff, including signs and symptoms of concussions.

\_\_\_\_\_ Following concussion the brain needs time to heal. Concussed athletes are much more likely to have a repeat concussion if they return to play before their symptoms resolve. In rare cases, repeat concussions can cause permanent brain damage, and even death.

\_\_\_\_\_ I am aware that athletes diagnosed with a concussion must be assessed by an appropriate healthcare provider. Athletes will begin a graduated return to play protocol following full recovery of neurocognition and balance.

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Printed Name of Official

Signature of Official

